



Weekly Announcements

Thursday, January 13, 2022

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Reminder: NO SCHOOL, Monday, January 17, 2022.



Sedalia Elementary is increasing our reading activity from Jan 10 - Feb 28 and competing to win Learning Ally's national Great Reading Games to gain recognition and prizes for our school! Reading is power!

We are so excited to share a resource with you that our school has purchased to support your child at school and at home. We want to ensure that your child is a happy, confident learner in our school and has access to all of the material we are reading.

Our school now has a membership to Learning Ally, a national nonprofit that provides access to human-read audiobooks through a reading app. They have novels from our assigned reading lists and those popular novels that other students are reading, as well as textbooks. By reading what other students are reading, we will be able to give your child the confidence they need to be an active learner in our classroom.

When students read with Learning Ally, it takes away the effort of decoding so your child can mentally focus on the meaning of what they are reading, this is often called ear reading, and it's a powerful way to stay on top of reading assignments and help students enjoy books. Don't worry, learning to read is still really important and we are working on those skills as well.

One of the best things about Learning Ally is all the books have human voices. It's like you have an extra voice helping your child with homework, and I have an extra reader to share more books with students in my classroom. Human voice helps to model what reading should sound like; it pronounces words correctly and helps to build your child's vocabulary, comprehension, and fluency in reading.

We'll be adding books to your child's Learning Ally bookshelf and they'll use the app at school. You can download the free app on your personal computer, phone, or tablet and log in with your child's credentials to add the books they want to read. We hope you take advantage of this wonderful resource we are providing to your child.

Readers are Learners. Readers are Leaders.





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Dear Douglas County Families,

During the annual testing window of March 28- April 29, 2022, the Douglas County School District will be required to administer the following state-mandated assessments.

Students enrolled in eDCSD remote learning who plan to participate in the state testing will need to do so via their assigned, neighborhood school during the times designated by the school. You can view the testing schedule at your school by visiting their website. If you have specific questions about testing schedules or procedures, please contact your school directly.

<p>ENGLISH LANGUAGE ARTS GRADES 3,4,5,6,7, & 8</p> 	<p>MATH GRADES 3,4,5,6,7, & 8</p> 	<p>SCIENCE GRADES 5, 8 & 11</p> 	<p>SOCIAL STUDIES</p> <p>NO TEST THIS SPRING</p> 	<p>PSAT GRADES 9 & 10</p> 	<p>SAT GRADE 11</p> 
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- 3rd Grade - CMAS English Language Arts and Math
- 4th Grade - CMAS English Language Arts and Math
- 5th Grade - CMAS English Language Arts, Math and Science
- 6th Grade - CMAS English Language Arts and Math
- 7th Grade - CMAS English Language Arts and Math
- 8th Grade - CMAS English Language Arts, Math and Science
- 9th Grade - PSAT 9
- 10th Grade - PSAT 10
- 11th Grade - SAT 11
- 11th Grade - CMAS Science

Note: CMAS Social Studies/grade 4 and 7 are not expected to be administered in 2022

Parents/guardians may excuse their students from testing if they wish to do so by following this [process](#).

Thank you for your partnership in helping students succeed.

Sincerely,

Douglas County School District





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A message from our Mental Health Team:

Hello Parents and Guardians,

Please take a look at the next two videos on anxiety from Dr. Scott. Cyfers that can be found [on this link](#).

- Segment four provides tools for talking back to anxiety.
- Segment five delves deeper into the actual steps needed for engaging their anxiety in an active way.

Please watch these videos if you could use some tips and tricks to help someone in your life that might be struggling with anxiety!

Here are some other great resources as well:

FAMILY TIP SHEET
Common Sense on Cyberbullying

ELEMENTARY SCHOOL

What's the Issue?

Spreading rumors and bullying is nothing new. Kids have always found ways to be cruel to one another, but computers, cell phones, and digital technologies make bullying easier and more common. Kids now use their cell phones and computers to hurt, humiliate, and harass each other. Cyberbullying is defined as repeatedly sending or posting harmful or mean messages, images, or videos about someone else using the Internet, cell phones, or other digital technologies. Kids may call each other names, say nasty things about one another, threaten each other, or make others feel uncomfortable or scared.

Although cyberbullying is typically associated with tweens and teens, more cases are now being reported with younger children. Younger kids may bully to get attention, because they think it will make them popular, or because they want to look tough and make others afraid of them. Because it happens online, it can easily go undetected by parents and teachers. Cyberbullying can be constant, inescapable, and very public. It can happen anytime — at school or at home — and can involve large groups of kids. Being anonymous and the desire to be seen as "cool" can cause a kid who normally wouldn't say anything mean face to face to show off to other kids by cyberbullying someone.

Why Does it Matter?

Younger kids are starting to use online communication and at the same time they are exploring ways to test other people's reactions. Kids who send a mean message might not fully understand how another person might react to that message. What's more, hurtful information posted on the internet is extremely difficult to prevent or remove, and anyone can see it. Imagine being publicly humiliated in front of everyone you know. This behavior usually happens when adults aren't around, so parents and teachers often see only the anxiety or depression that results from their kids being hurt or bullied. Parents can help by becoming aware of the issue, learning to identify the warning signs of bullying, and helping kids to understand how to be respectful to others online.

What Families Can Do

- **Make a list together of how talking online is different than talking face to face.** Get kids to think about how it might be easier to say things online you wouldn't say in person, and how this may be good sometimes and bad at other times.
- **Practice writing a text or message to a friend.** Model for your child how to compliment people and how to avoid mean words or behaviors.
- **Point out that it's important to stick up for others.** Discuss ways they can support friends who are bullied and report bad behavior they see online or offline.

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NETSMARTZ TECH TIPS

Want to learn how to check your child's browser history, use Facebook's privacy settings or report cyberbullying on Twitter? Check out these websites for information and how-to videos so you can be as tech savvy as your child.

INSTRUCTIONAL VIDEOS AND GUIDES

- www.howcast.com/categories/2-tech
Videos include "How to Use Twitter," "How to Use Facebook" and "How to Use an iPhone."
- www.fosi.org/good-digital-parenting
Information and tips for parents about specific websites and apps.

WEBSITE HELP CENTERS

- www.facebook.com/help
Learn how to manage your child's account and report problems.
- support.twitter.com
Find out how to use Twitter and protect your child's privacy.
- <https://support.google.com/youtube>
Read about YouTube's safety policies and how to report inappropriate content.
- www.google.com/safetycenter
Browse through videos and articles for advice on using Google's safety tools and how to manage your family's safety online.
- help.instagram.com
Learn about the basics of this popular app and get tips for parents.
- <https://support.snapchat.com>
Understand how to use the app and what to do if your child is using it inappropriately.
- <https://kikinteractive.zendesk.com>
Read about the app and how to report problems.
- <https://support.skype.com>
Browse articles about securing your child's account and managing their privacy settings.
- www.tumblr.com/help
Learn about this blogging platform and how to manage your child's account settings.
- <https://help.pinterest.com>
Find out how to use Pinterest and secure your child's account.
- help.meetme.com
Get answers to your questions about controlling who sees your child's profile and how to report problems.
- help.disney.com/clubpenguin
Read about this popular game's rules and safety features.

Didn't find the answer to your question?
Visit www.NetSmartz.org

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CV CHEER *Kiddie Clinic*

Come join the Castle View Sabercat cheer team for their annual kiddie clinic on 1/19/2022. At the clinic cheerleaders will learn jumps, 2 cheers, chants, a dance and beginner levels stunts. Cheerleaders will then perform their new dance and 2 cheers during halftime of the basketball game on 1/20/2022. The basketball game begins at 7:00pm.

Participants: K-8th grade
Location: Castle View School Sabercave
Cost: \$50.00 (t-shirt, bow and poms included)
Clinic Date: 1/19/2022 (Check in beginning at 5:15pm)
Clinic Times: 5:30pm - 7:30pm

Register online at: https://www.myschoolbucks.com/ver2/prdembd?ref=ZZHVZSS5TX305OUU_ZZ5TFNNJJW4UL87

**Please come dressed in a t shirt, athletic shorts or pants and tennis shoes. No jewelry may be worn! T-shirts and bows will be handed out during the clinic check-in. Admission for the athlete participating in the clinic is waived for the basketball game.



Cheer with the Sabercats

