



# Weekly Announcements

Friday, December 10, 2021

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**Reminder:** Friday, December 17, 2021 – No School, Teacher Work Day  
Monday, December 20, 2021 – Monday, January 3, 2022.  
Students will return on Tuesday, January 4, 2022.

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Hello Parents,

The third segment in our Anxiety series has been released! In this segment, Dr. Cypers presents his FACE model which is a fantastic tool for helping people to recognize anxiety and take actionable steps to vanquish it. Please see [this link](#) and scroll down to overcoming anxiety with Dr. Cypers to watch it. We hope you and your family are doing well!

DCSD Counselors

Dr Cypers will be available to answer your questions live via this link on Tuesday December 14th at 6:00pm.

Live Session 12.14.21 6:00pm <https://ucdenver.zoom.us/j/93828591466>

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Congratulations to our own 2<sup>nd</sup> grade teacher, Alex Steele!

Ms. Steele was chosen “Most Valuable Teacher of the Year” award from the DENVER NUGGETS! She will celebrate on Monday, December 13, 2021 by attending the game that night.



With the suddenness of the storm this morning, we were surprised to see that many kids did not have coats. Please send your students with the appropriate weather wear. If you need assistance, please call the office at 303.387.5500 as we are able to help in this situation.





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The Foundation for Douglas County Schools is proud to honor exceptional educators and staff who are inspiring a love of learning in students and are trailblazing extraordinary innovation in our schools. Click above to submit a nomination for a 2022 Apple Award!

[Click here for more information and to nominate a teacher](#)

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Sedalia Elementary Amazon Wish List – Sedalia Elementary PTO has set up a wish list of needs at Sedalia. If you would like to contribute, click below:

[https://www.amazon.com/hz/wishlist/ls/1AQ36MT31N626?ref=wl\\_share](https://www.amazon.com/hz/wishlist/ls/1AQ36MT31N626?ref=wl_share)

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Chicken Whispers sign up has been updated for the rest of December. Please consider helping over break!

