



Weekly Announcements

Friday, November 12, 2021

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Size of the Problem

At Sedalia Elementary we have noticed that our students are reacting to problems in a way that does not match the severity of the problem. For example a common reaction we see to a student cutting in line is the one who was cut screams, cries, and pushes the other student, that is not the appropriate response to being cut. As a school we wanted to help address this problem by helping our students learn how to appropriately react to their problems. To do this we broke down a problem into three sizes: Small, Medium, and Big. Every class received the same lesson going over what type of problem would fall under each size, as well as the appropriate reaction to each problem. All staff and students were given and use this common language and we are starting to see a difference: students are helping each other identify the size of the problem; staff is able to have more direct language when addressing problems with students and are able to help guide the students to see that their reactions aren't matching up with the size of the problem; and when problems arise they are being solved in a quicker and more efficient way, letting the students quickly get back to their learning. Our hope is to continue using this language throughout the school year and we wanted to share the language with you all so students can continue to practice at home. If students are hearing this language in all aspects of their life, then the language will quickly become ingrained in their minds and it will be their first instinct to use when a problem arises. This chart is designed to help you understand how we broke up the sizes as well as see what an appropriate way to solve the problem would look like, so you can use this language in your homes.

Size of the Problem	Examples	Ways to Solve the Problem
Small Problem: <ul style="list-style-type: none"> Problems that happen quickly Problems that can be quickly solves Problems that the student can solve by themselves 	<ul style="list-style-type: none"> Cutting in line Losing a game Someone bumping into you in the hall 	<ul style="list-style-type: none"> Take big breaths Use your words; "That's okay, I can try again" "Would you please go to the end of the line" Ignore it
Medium Problem: <ul style="list-style-type: none"> Problems that take longer to form (days or weeks) Problems take longer to solve (15 minutes to an hour) An adult needs to help solve the problem 	<ul style="list-style-type: none"> Stealing Gossip Friend conflict Someone purposely hurting someone 	<ul style="list-style-type: none"> Take big breaths Ask an adult for help Have a restorative conversation
Big Problem: <ul style="list-style-type: none"> Problems are typically emergencies Problems take months to years to form Problems need help from multiple adults to solve 	<ul style="list-style-type: none"> Fire Broken bone Car crash 	<ul style="list-style-type: none"> Call 911 Go to the hospital





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Yellow sheets are going home this week if you would like to fill out instead of using the electronic form. Please bring them to the office.

Dear Sedalia Families,

Sedalia Elementary receives generous donations for the upcoming holiday season and throughout the year. If your family is in need during the winter holidays, please complete this form. You can also fill out a sheet in the office or call and we can send one home, and return it to the main office. This form can be filled out anytime during the school year.

Complete one form/sheet per family. We will try to accommodate as many requests as possible and requests will be handled on a first come first served basis. If you need holiday assistance, please note that we need this information before Thanksgiving Break. Donations will be distributed at the beginning of December and we will contact you via the email that you provide below.

Donations will not be sent home with children/students unless arrangements have been made.

If you have any questions, please call the main office at 303-387-5500.

[Family Assistance Form – English](#)



Estimadas familias de la escuela de Sedalia:

La escuela primaria de Sedalia recibe generosas donaciones para las fiestas navideñas y el resto del año. Si su familia necesita algo durante las vacaciones de invierno, complete este formulario. También puede llenar una hoja en la oficina o llamar y podemos enviar un formulario a casa y que deberá devolver a la oficina principal completado. Este formulario se puede completar en cualquier momento durante todo el año escolar.

Complete un formulario por familia. Intentaremos dar cabida a tantas solicitudes como sea posible y las solicitudes se manejan por orden de llegada.

Si necesita ayuda durante las vacaciones, tenga en cuenta que necesitamos esta información antes de las vacaciones de Acción de Gracias (Thanksgiving). Las donaciones se distribuirán a principios de diciembre y nos comunicaremos con usted a través del correo electrónico que le proporcionamos a continuación.

Las donaciones no se enviarán a casa con los niños a menos que ustedes hayan llegado a un acuerdo con la escuela.

Si tiene alguna pregunta, por favor llame a la oficina principal al 303-387-5500.

[Family Assistance Form - Spanish](#)





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Journey Church is offering a Christmas Store that allows families to buy gifts at a reduced cost. Christmas Store serves the local community during the holiday season by creating popup Christmas shops all across the Denver metro area. Families who find themselves in a difficult season of life, are invited to shop for their children's Christmas gifts at a reduced cost. Plus, Christmas Store shoppers can browse our Outerwear Shoppe for winter clothes for the whole family. Click the link below to take you to our home page. Then look for the button that says, "Register to shop"

<https://christmasstorecolorado.com/>

Click on the document for more information about Christmas shopping with a Douglas County Sheriff. If you cannot print out, stop by the office or call 303.387.5500 and we will stick one in your students backpack.

2021 Douglas County Christmas For Kids

Sponsored by the Douglas County Sheriff's Office
(All entries must be received by Friday DEC. 10th 2021)

This year we will be shopping with the Kids at Walmart on December 18th at 10am
If COVID restrictions change, all sponsored kids will be receiving gift cards to Walmart.

PARENT/GUARDIAN NAME AND CONTACT INFORMATION (Phone # etc.):

FIRST NAME: _____ LAST NAME: _____

ADDRESS: _____ UNIT: _____

CITY: _____ ZIP: _____

PHONE #: (Home) _____ (Cell) _____ (Work) _____

CHILD'S NAME _____ AGE _____ SCHOOL _____

Child # _____ of _____

NAME OF SPONSORING OFFICER/EMPLOYEE: _____ (REQUIRED...PRINT)

OFFICER/EMPLOYEE DEPARTMENT: _____ (REQUIRED...PRINT)

PHONE NUMBER WITH EXTENSION: _____ (REQUIRED...PRINT)

When completed, please e-mail the form back to bmeknight@dcsheriff.net, or drop them off at my office in Community Resources, for questions call 303-961-5061.

Deputy/Employee warrants that s/he has personal knowledge of this child/family. Please notify the family that the shopping day will be at the Highlands Ranch Walmart on December 18th at 10:00am. If the family is not able to attend the shopping day, the nominating Employee is responsible for delivering gift cards to nominated kids. Gift cards will be delivered to nominating Deputy/Employee by December 15th.

Signature: _____ Date: _____





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Hello Parents,

Please take a few minutes to watch the next anxiety segment by Dr. Scott Cypers. This segment covers the vicious cycle of anxiety and provides insight into what triggers anxiety and how to overcome it. After viewing the video, if you are interested, you can log into a free live zoom session with Dr. Cypers to receive additional support and get your specific questions answered.



Helping Kids to Understand & Overcome Anxiety: Segment 02

<https://www.youtube.com/watch?v=DaDtat-1YyE>

On November 22 at 6:00pm, Dr. Cypers will host a live zoom session for any parents or teachers that would like to get more information after watching this video. To access, please click this link

<https://ucdenver.zoom.us/j/92060062793>

The previous video and future videos are available at <https://www.youtube.com/user/dougcoschools>



HELP US KEEP OUR YOUTH SAFE!
Virtual Y.E.S.S. PARENT ACADEMY

Who should join us?
Anyone raising, mentoring or providing services for any aged child are welcome.

Topic to be covered:
Teen Culture and Mental Health

Our guest speaker is a Clinician with Douglas County Youth CRT and will discuss mental health in these challenging times.

WHEN: December 9th, 2021
from 5:30pm - 7:00pm
WHERE: Virtual (internet).
A link will be shared prior to the presentation to those who RSVP via email (RSVP Required).

PLEASE RSVP
mmithuen@dcsheriff.net





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Attendance at Sedalia:

- Initial Contact by a teacher and/or Administrator and/or Exhibit A Letter sent home: 6-9 days absent
- Exhibit A Letter sent home: over 8-10 days absent
- Exhibit B Letter sent home requesting a meeting to discuss attendance: over 10 days absent
- Exhibit C Attendance Contract: Over 10 days absent, Parent/Guardian needs to meet with an Administrator to set up an attendance contract for his/her child

We understand that there are circumstances when students are unable to attend school; however, we also know that when a student is absent, missed instructional time is impossible to replace. Whether excused or unexcused, time away from the structured educational environment is making it more difficult to provide him/her with the best possible learning experience.

Did you know?

1 or 2 days a week doesn't seem like much, but...

If your child misses...	That equals...	Which is...	And over 13 years of school that is...
1 day every 2 weeks	20 days per year	4 weeks per year	Nearly 1 $\frac{1}{2}$ years of school
1 day per week	40 days per year	8 weeks per year	Over 2 $\frac{1}{2}$ years of school
2 days per week	80 days per year	16 weeks per year	Over 5 years of school
3 days per week	120 days per year	24 weeks per year	Nearly 8 years of school

How about 10 minutes late a day? Surely that won't affect my child?

If your child is missing just...	That equals...	Which is...	And over 13 years of school that is...
10 minutes per day	50 minutes per week	Nearly 1 $\frac{1}{2}$ weeks per year	Nearly $\frac{1}{2}$ year of school
20 minutes per day	1 hour 40 minutes per week	Over 2 $\frac{1}{2}$ weeks per year	Nearly 1 year of school
30 minutes per day	$\frac{1}{2}$ a day per week	4 weeks per year	Nearly 1 $\frac{1}{2}$ years of school
1 hour per day	1 day per week	8 weeks per year	Over 2 $\frac{1}{2}$ years of school

EVERY DAY COUNTS if you want your child to be successful at school then, YES, attendance does matter!





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-**Primera advertencia:** Entrará en contacto con usted un maestro, un administrador o se le enviará una carta a casa si su hijo a estado ausente 6-9 días de escuela ..

-**Segunda advertencia:** Se enviará una segunda carta si su hijo falta más de : más de 8-10 días

-**Tercera advertencia:** Si su hijo falta mas de 10 días Se le enviará una carta solicitando una reunión para discutir el problema de asistencia escolar de su hijo.

-**Última advertencia :** Si su hijo falta más de 10 días tendrá que reunirse con la un administrativo de la escuela a la que asiste y firmar un contrato de asistencia de asistencia para su hijo.

Entendemos que hay circunstancias en que los estudiantes no pueden asistir a la escuela; sin embargo, también sabemos que cuando un estudiante está ausente, el tiempo de instrucción perdido es imposible de reemplazar. Ya sea justificado o no, el tiempo fuera del entorno educativo estructurado hace que sea más difícil proporcionarle la majorexperiencia de aprendizaje posible.

¿Sabías?

1 o 2 días a la semana no parece mucho, pero ...

Si su hijo falta....	es igual a ...	Que es...	Y más de 13 años de escuela que es ...
1 día cada 2 semanas	20 días por año	4 semanas por año	Casi 1 año y medio de escuela
1 día por semana	40 días por año	8 semanas por año	Más de 2 años y medio de escuela
2 dias por semana	80 días por año	16 semanas por año	Más de 5 años de escuela
3 días por semana	120 días por año	24 semanas por año	Casi 8 años de escuela

¿Qué tal 10 minutos tarde al día? ¿No cree que esto afectará a su hijo?

Si su hijo falta solo ...	Es igual a ...	Que es ...	Y más de 13 años de escuela que es ...
10 minutos por día	50 minutos por semana	Casi 1 $\frac{1}{2}$ semanas por año	Casi $\frac{1}{2}$ año de escuela
20 minutos por día	1 hora 40 minutos por semana	Más de 2 semanas y media por año	Casi 1 año de escuela
30 minutos por día	$\frac{1}{2}$ día por semana	4 semanas por año	Casi 1 año y medio de escuela
1 hora al día	1 día a la semana	8 semanas al año	Más de 2 años y medio de escuela

